

S.A.T.H.I.

SOCIETY FOR ADMINISTRATION OF TELEMEDICINE AND HEALTHCARE INFORMATICS

ANNUAL REPORT

2024-25

Message from the President



Dear Supporters, Partners, and Friends,

As we reflect on the past year, we are filled with immense gratitude for your unwavering support and commitment to our mission at SATHI. This annual report is not just a summary of our activities and achievements but a testament to what we can accomplish together.

Over the past year, we have faced challenges, celebrated successes, and made significant strides toward our goals. Through the combined efforts of our dedicated team, passionate volunteers, and generous donors, we have expanded our Digital Health Assistant (DHA) programs to reach more communities, increased our impact in the areas of digitization and healthcare.

Our journey is driven by a simple yet powerful vision:

SATHI aims to be a front runner in the field of Telemedicine and Health Care Informatics through a continuous process of accumulation and upgradation of knowledge pool. This vision continues to guide our actions, ensuring that every step we take is aligned with our core values of -

- Participate in technical and financial bids for projects that are advertised by the governments solely or in collaboration with other organizations to deliver specific goals as demanded by the opportunities available.
- Prepare proper closure reports on every project completed and hand over to the other agencies
- Participate in meetings organized by various chambers to showcase application of technology and possibilities of collaboration in economically viable projects
- Participate in medical conferences to showcase application across medical specialties
- Organize web conferences and telemedicine tutorials

This year, we are proud to highlight some of our key accomplishments:

1. **DHA Project:** After great success of 1st, 2nd and 3rd batch of DHA Course, we have started the 4th batch.
2. **Placement:** Maximum number of students from all previous batches of DHA has got placed in renowned medical centres of Delhi. Interviews are going on for the students of 4th batch.
3. **Expansion of Project:** Engagement with broader groups and institutions for the DHA program is on progress.
4. **Centre of Excellence:** We are committed to excellence, which has inspired the creation of our Center of Excellence (COE)—a dedicated hub for research, education, and cutting-edge treatment in lymphatic disorders. Through this initiative, we strive to advance innovation, promote collaboration, and elevate the standard of care for those affected by these challenging conditions. Looking ahead, we aim to establish more COEs across the country to strengthen the fight against lymphedema.

These milestones would not have been possible without the collective efforts of our supporters, partners, and team members. Your belief in our cause and your generous contributions have enabled us to reach the goal of grand success of our running project.

We are grateful to Ion Foundation for their CSR funding to SATHI. Because of this funding we have been able to achieve so much in this space

Discussions with Health Sector Skill Council (HSSC) as well as NSDC (National Skill Development Council) are ongoing for government certification for our DHA and Lymphedema training programs

October 3rd SATHI members Dr Anandhi Ramachandran and Dr Simi Bajaj attended the APAMI meeting in Manila (Philippines) and gave talks on our DHA program as well as an upcoming book (Handbook of Remote Care and Telehealth) which SATHI members are co- editing.

Papers and talks on the above topics have already been accepted for Medinfo 2025 in August this year at Taipei (Taiwan).

Looking ahead, we remain committed to building on this momentum and continuing our work with renewed energy and focus. The challenges ahead are significant, but with your continued support, we are confident that we can overcome them and achieve even greater impact.

As you read through this report, we hope you will take pride in the progress we have made together. Every success story, every life change, reflects your dedication and partnership with SATHI.

Thank you for standing with us, for believing in our mission, and for being a vital part of our community. We look forward to another year of progress, partnership, and positive change.

With sincere appreciation,

Dr Shashi Gogia, President

List of SATHI Board Members	
Name	Designation
Padmashree Prof. Dr. Sneh Bhargava	Patron
Dr. Lazar Mathew	Patron
Dr. Shashi Bhushan Gogia	President
Dr. Manoj Rai Mehta	Treasurer
Mr. Padam Khanna	Secretary
Mrs. Gurinder Kaur	Board Member
Mrs. Arun Rekha Gogia	Board Member
Mr. Rajiv Aggarwal	Board Member
Mrs. Manju Khanna	Board Member

Project Planning

Project Title: *Project Sight Express*

Initiative by: Divya Jeewan Trust, Dr. Mehta Eye Care Hospital, Clean and Green Foundation

Knowledge Partner: SATHI (Society for Administration of Telemedicine and Healthcare Informatics)

Overview:

Project Sight Express is an innovative, mobile eye care initiative aimed at delivering doorstep vision diagnostics and care to underserved communities across India. It aligns with the **Digital Health Mission** of the Hon'ble Prime Minister and embodies a transformative vision to make quality eye care universally accessible.

Key Objectives:

- Address preventable blindness through early diagnosis
- Provide doorstep eye screenings using AI and portable diagnostic tools
- Enable referrals and teleconsultations for complex cases
- Support schools and communities with targeted eye health interventions
- Empower marginalized populations with restored vision and dignity

Core Services Offered:

- Visual acuity checks
- AI-based screenings (glaucoma, diabetic retinopathy)
- Portable fundus and slit-lamp exams
- On-the-spot lens prescriptions
- Intraocular pressure measurement
- Teleconsultation and triage support

Target Impact Areas:

- **School Health:** Early detection of vision problems in children
- **Community Camps:** Screening for cataracts and age-related conditions
- **Data Collection:** Regional eye health mapping for public health strategy

Capital Requirement:

To launch the mobile unit, a total of **INR 23.449 Lakhs (~USD 27,445)** is needed.

Breakup includes:

- Mobile Van (INR 6.5 L)
 - Remidio Diagnostic Devices (INR ~9.24 L)
 - AI Platform Subscription (INR 1.83 L)
 - Portable Tonometer (INR 3.92 L)
 - Slit Lamp Imaging Module (INR 1.96 L)
- Other support (hardware, logistics, and treatment) is being contributed by Dr. Mehta Eye Care Hospital.

Why Support This Project?

- Brings advanced eye care to remote, ignored populations
- Reduces pressure on tertiary care hospitals
- Encourages child education, elderly independence, and productivity
- Scalable and replicable model with national potential
- Ideal for CSR contributions with high community visibility

Dr. Manoj Rai Mehta

***On behalf of Divya Jeewan Trust & Partner Organizations
Faridabad, Haryana***

Activities of S.A.T.H.I.

April & May 2024 – Internship and placement drive for DHA pass-out students. (Article reported on February, 2025).

Digital health is national need



SATHI initiative in a new era healthcare

BlitzBUREAU

A convocation ceremony for the 2nd and 3rd batch of trainees of the Digital Health Assistant (DHA) programme was held on December 17 at the Delhi Commonwealth Women's Association (DCWA) medical facility training centre by the Society for Administration of Telemedicine and Healthcare Informatics (SATHI).

The induction of 4th batch of students also took place at the event.

The programme, sponsored by Ion Foundation, was a groundbreaking effort that bridged the healthcare workforce gap with AI-ready students.

As there is a lack of IT proficiency among medical professionals, the DHA

programme provides a cost-effective and time-efficient path to a rewarding career in healthcare for school pass-outs.

It provides strong data management skills for AI applications, proficiency in tele-health and other digital healthcare tools along with deep understanding of patient care and support.

SATHI patron Padmashri Sneha Bhargava underscored the urgent need for reforms in the India's healthcare system, a legacy of the British era that prioritised western medicine over AYUSH practices. This imbalance, coupled with a severe shortage of healthcare workers, has resulted in limited access to quality care for a significant portion of the population, she said.

There is a stark disparity between doctors and low-level care providers

hindering effective healthcare delivery at the grassroots level. SATHI aims to rectify this by significantly moving towards a more balanced ratio of seven junior level workers to one doctor.

Furthermore, the initiative recognises the valuable contributions of AYUSH systems like Ayurveda, Yoga, and Naturopathy. By integrating these traditional practices into the mainstream healthcare system, SATHI aims to provide a more holistic and comprehensive approach to healthcare.

"Digital health is a national need. Our programme offers a practical solution to a national issue," said Dr Shashi Gogia, President of SATHI.

"By providing a bridge between aspiring healthcare professionals and the workforce, we can empower more individuals to contribute to a healthier future while full-filling vital roles in the healthcare system," he said. ■

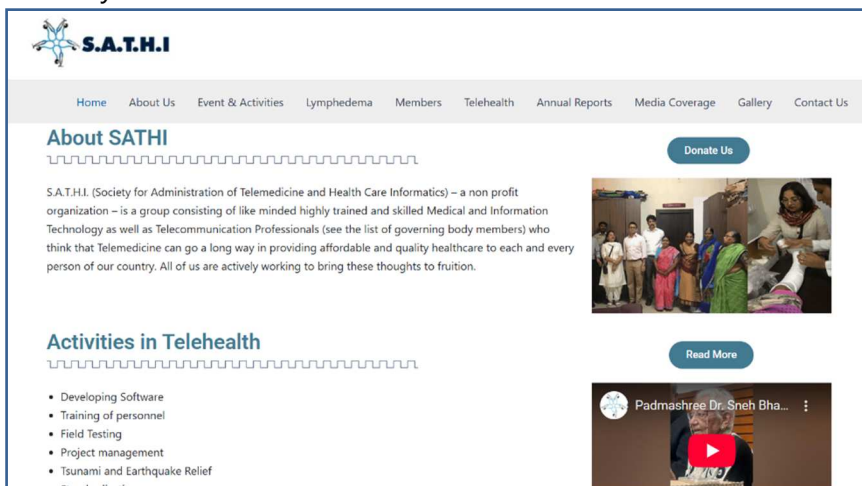


30 May – 1 June 2024 –

Experts at the 47th European Society of Lymphology Congress in Istanbul discussed Centers of Excellence and advancements in lymphatic care. The 47th European

Society of Lymphology Congress in Istanbul highlighted the importance of Centers of Excellence in lymphology. Experts shared insights on global challenges and solutions, emphasizing research, education, and patient care. A dedicated team of professionals ensured the event's success.

24 June 2024 – Relaunching of SATHI Website on the 20th birthday of SATHI.



18 July 2024 – In association with Rotary Club Delhi West and DCWA, SATHI organized a visit to Apollo Hospital for

Orientation for DHA Students.

In collaboration with Rotary Club Delhi West and DCWA, SATHI organized an orientation visit for Diploma in Digital Health Assistance (DHA) students at Apollo Hospital. The visit provided students with valuable insights into hospital operations, patient care, and the latest advancements in digital health, enhancing their practical knowledge and professional skills in the healthcare sector.

Lifetime Achievement Certificates



3 August 2024 – Lifetime Achievement Certificates were awarded to Padmashree Prof. Dr. Sneh Bhargava (Former Director of AIIMS and a guiding mentor for SATHI) and Dr. Lazar Mathew (Founding member of SATHI) for their long-term contributions to recognize their extensive service. Certificate of Appreciation was also presented to Mr. Arun Rungta in recognition of the invaluable contribution made by him towards the DHA Program of SATHI.

5 & 6 October 2024 – In association with SANGTIN at Sitapur



(Uttar Pradesh), Kisan Mela, a health checkup camp was organized by SATHI. Blood Sugar and Pressure checked for 41 visitors.

SATHI, in collaboration with SANGTIN, organized a health checkup camp at the

Kisan Mela in Sitapur, Uttar Pradesh, on October 5-6, 2024. The initiative aimed to promote accessible healthcare by offering blood sugar and blood pressure screenings to 41 visitors. The event commenced with an inauguration ceremony, followed by an overwhelming response from attendees. On the first day, 22 individuals underwent blood sugar tests.



On October 6, SATHI President Dr. S.B. Gogia and Board Member Mrs. Arun Rekha Gogia joined the event, providing free medical consultations and engaging in a panel discussion alongside esteemed guests,

including a Member of Parliament and prominent medical professionals. Informational leaflets were distributed, and visitors were briefed on SATHI's vision and healthcare initiatives.

WEBINAR ON BREAST CANCER RELATED LYMPHEDEMA (BCRL)

Organised by:

S.A.T.H.I.

Supported by:

Lymphatic Education & Research Network

Saturday, 26th October, 2024
7 Pm onwards

Join us for a comprehensive discussion on breast cancer-related lymphedema, featuring expert insights from leading professionals in the field.

MEET THE FACULTY

Dr William Repicci
USA

Dr Pinar Borman
TURKEY

Prof. Andrzej SZUBA
POLAND

Mrs Arun Rekha
INDIA

Dr Shashi Gogia
INDIA

Dr Soumen Das
INDIA

26 October 2024 – On the eve of Breast Cancer Awareness Month, took part in the Webinar on Breast Cancer-Related Lymphedema.

On 26 October 2024, in observance of Breast Cancer Awareness Month, SATHI organized a webinar on Breast Cancer-Related Lymphedema (BCRL). Supported by

LE&RN, the session featured global experts like Prof. Andre Szuba and Prof. Pinar Borman. The event also marked the launch of the West

Bengal LE&RN India chapter, with Dr. Soumen Das as honorary president. This initiative aims to enhance awareness and improve lymphedema management worldwide.

AVIS
INDIAN VEIN CONGRESS 2024

Invited Speakers

INDIAN VEIN CONFERENCE

Location: Hyderabad, India
Date: 8th & 9th November, 2024

PROGRAM SCHEDULE:

8 & 9 November 2024 – Took part in the Indian Vein Congress 2024.

The Indian Vein Congress 2024, scheduled for 8–9 November in Hyderabad, will bring together leading vascular and interventional specialists to discuss advancements in venous health. With a focus on its link to lymphedema, the conference aims to debunk myths, explore innovative treatments, and enhance patient care. Experts will share insights on improving vascular health to reduce lymphedema risk, empowering healthcare professionals and patients with essential knowledge.



17 December 2024 – Inauguration of DHA 4th batch and Convocation of DHA 2nd & 3rd batch held at DCWA.

SATHI held a convocation ceremony at the Delhi Commonwealth Women's Association (DCWA) Medical Centre for the 2nd and 3rd batch of Digital Health Assistant (DHA) trainees. This initiative aims to bridge the healthcare workforce gap by equipping students with essential IT and digital health skills. The event marked a significant step towards strengthening grassroots healthcare and promoting a balanced healthcare delivery system.



(Mr Dinesh Sadasivan, President Ion Exchange with DHA pass outs)

World Lymphedema Day today

SATHI initiates pioneering initiative

Harvinder Ahuja

NEW DELHI: Encouraged by the success of its pilot programme for training therapists and doctors in the treatment of lymphedema or lymphatic filariasis (also called elephantiasis/hathipao in Hindi), the Society for Administration of Telemedicine and Healthcare Informatics (SATHI) plans to conduct more such programmes with a view to creating several lymphedema care centres across the country.

One of the doctors

who underwent the programme was hugely pleased with the experience. For months, he said, "I have been searching for such specialised centres, but I haven't been able to locate one in India. Over the course of three days, I gathered useful knowledge regarding lymphology."

The programme was conducted in partnership with Sanwarilal Surgical Centre, New Delhi, which is the only Centre of Excellence in the country recognised by the Lymphatic Education and Research

Network (LE&RN).

The husband-wife

to Dr Gogia, Complex Decongestive Therapy



team of Dr SB Gogia and Arun Gogia, which is spearheading the non-profit SATHI, conducted the first-ever

(CDT) is the gold-standard treatment for lymphedema. CDT, he said, has an initiation and disease counselling phase done in a spe-

cialised care centre followed by lifelong home based self-care.

Unfortunately, however, therapists especially trained for lymphedema care are few and far between, and hence the need for launching the training programme, explained Dr Gogia.

Lymphoedema, for the uninitiated, is a chronic debilitating disease in which the affected limb, and occasionally other body parts, get swollen and ugly to look at. The swelling in lymphede-

ma is due to accumulation of excess water in the limbs. The disease is largely neglected because the knowledge about it is not common, even among the medical community.

To spread awareness about this tropical disease, LE&RN India, in partnership with SATHI, has been organising World Lymphedema Day on March 6 every year, since 2016. This year, the event was held at the All India Institute of Medical Sciences, New Delhi, and Rotary Club District 3011 was among the organisers.

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Cuttack, Thursday, March 6, 2025

World Lymphedema Day today: SATHI initiates pioneering initiative

HARVINDER AHUJA

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6 & 7 March 2025 – World Lymphedema Day was celebrated by SATHI in association with LE&RN on 6th March. On the very next day SATHI's Training of Trainers Programme on Lymphedema management was covered by print media.

Acknowledgement

We acknowledge the following institutions and individuals who have contributed towards grand success of our DHA Project:

1. Ion Foundation: We are grateful to Ion Foundation for their CSR funding to SATHI.
 2. DCWA: We are also thankful to Delhi Commonwealth Women's Association (DCWA) for their Classroom and Faculty support.
 3. Special thanks to Ms. Tejinder Kaur who continuously helped to arrange the classes throughout the session.
 4. We are also greatly appreciative of our interns from West Sydney University who have contributed to develop and upload the course materials in the Learning Management System.
 5. We are thankful to our own faculty team who have taken theoretical and practical classes throughout the session. Special thanks to Dr. Anandhi Ramachandran for writing the content of the course.
 6. Last but not the least, we are thankful to all the persons who supported us technically and otherwise in this project.
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S.A.T.H.I. DHA Gallery







S.A.T.H.I

**Society for Administration of Telemedicine and
Healthcare Informatics**

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Societies Registration Act of 1873
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49774/2004*

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